

You do not need specialist drug knowledge to use this 'tool', but you will need to use this tool as part of a wider assessment process.

Assessments – Young people's drug and/or alcohol use should be considered as part of a wider, holistic assessment of needs. There are a range of assessment tools/processes such as Common Assessment Framework (CAF) (used for early identification by people across the children's workforce), ASSET (used by Youth Justice), APIR (used by Youth Connexions), Pupil Support Plan (PSP) (used in schools), Initial Assessment (used by Social Care). Use the 'trigger' question as part of the assessment process you use.

Trigger question: Has drug and/or alcohol use/misuse been mentioned in the assessment?

If the answer is yes then ask **all** the **CRAFFT** six simple questions

CRAFFT questions

	yes	no
1. Have you ever ridden in a C ar driven by someone (including yourself) who was high or had been using alcohol or drugs?	-----	-----
2. Do you ever use alcohol or drugs to R elax, feel better about yourself, or fit in?	-----	-----
3. Do you ever use alcohol or drugs while you are by yourself A lone?	-----	-----
4. Do you ever F orget things you did while using alcohol or drugs?	-----	-----
5. Do your F amily or F riends ever tell you that you should cut down on your drinking or drug use?	-----	-----
6. Have you ever been in T rouble while you were using alcohol or drugs?	-----	-----

Scoring

If a young person **under 14** years of age answers **yes to 1** or more of these questions then this indicates the need to have a consultancy conversation with A-DASH – see contact details below

If a young person between **14 – 18** years of age answers **yes to 2** or more questions then this indicates the need to have a consultancy conversation with A-DASH - see contact details below

The Adolescent Drug and Alcohol Service for Hertfordshire (A-DASH) provides professional advice to staff or parents on young people's drug and alcohol use, harm minimisation, treatment and support. **A-DASH** also provides a service for young people under 18 in Hertfordshire who have issues/problems with their own drug and/or alcohol use.

Contact A-DASH on 01923 427288 or fax 01923 856672 or text 07770 537227

'Drugs' refers to **all drugs** including **medicines, volatile substances, alcohol, tobacco and illegal drugs**