



**9 - ROLE LIMITATIONS**

<b>Outcome</b>	<ul style="list-style-type: none"> <li>To outline the limitations of participant's own role in working with substance use/misuse</li> </ul>
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<b>Preparation:</b>	<p>Photocopy worksheets Flipchart and pens</p>
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<b>Can be used with</b>	√ Staff
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<b>Total Time</b>	35 minutes
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METHOD	TIME	TOOLS
1. Explain the purpose of the exercise is to outline the limitations of participant's role in working with substance/use misuse.	1 min	
2. Give each participant a worksheet (appendix). Then ask each person to pair up with someone (have one group of three if unequal numbers).  Ask each pair to discuss the headings on the worksheet and give as many diverse examples under each of the headings as possible. Allocate 10 minutes.	2 mins  10 mins	Worksheet 1
3. Give each person a second worksheet and ask them to now indicate within the 4 key areas, what they either currently do or could do within their role to address substance use/misuse issues using the examples generated in the first exercise. Allocate 5 minutes.	5 mins	Worksheet 2
4. Ask each participant to reform their pairs and discuss their responses.	5 mins	
5. Bring participants back to the larger group and ask them to give examples of what areas or specific examples they identified as being outside their role and why. Put responses on flipchart.	5 mins	Flipchart/pens

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6. Finally, using the list of areas outside the limits of their role, ask participants to give examples of whose role these areas would come under and why. Discuss the need for referral and joint working within this exercise.	5 mins	
7. Summarise key learning points.	2 mins	



## SUBSTANCE USE and MISUSE - YOUNG PEOPLE (worksheet 1)

1. Your task is to consider the headings in the table below, and write down as many examples of these terms as possible.

<b>SUBSTANCE PREVENTION (use and non-use)</b>	<b>SUBSTANCE EDUCATION</b>
<b>SUBSTANCE INTERVENTIONS</b>	<b>SUBSTANCE MISUSE TREATMENT</b>

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## **SUBSTANCE USE and MISUSE - YOUNG PEOPLE (worksheet 2)**

1. Your task is to consider currently what you do or could do within your role to address substance use/misuse issues using the examples generated in the first exercise.

<b>SUBSTANCE PREVENTION (use and non-use)</b>	<b>SUBSTANCE EDUCATION</b>
<b>SUBSTANCE INTERVENTIONS</b>	<b>SUBSTANCE MISUSE TREATMENT</b>

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